### Lea Valley Karate Academy – Code of Conduct for students

As a Lea Valley Karate Academy student, we would like you to:

* Bow to the centre of the dojo when you enter and when you leave.
* Keep yourself safe by always listening to your instructor/coach.
* When you are with us, stay in places where you are supposed to, inform your sensei if you have to go somewhere, do not just wander off.
* Behave responsibly.
* Keep finger and toe nails short for everyone’s safety.
* Take care of our premises and look after our equipment as if they were your own.
* Make it to practice or sessions on time. If you are late sit by the edge of the hall and wait for permission to enter.
* All metal objects, jewellery, piercings, necklaces or other such items should be removed before training.
* A gi must always be worn unless advised by your Sensei.
* The belt represents your progress. Keep it on.
* Bring the right kit to practice.
* You must wear a club badge to all lessons, grading’s, courses and competitions.
* Bring a drink to training but no fizzy ones.
* Let an instructor/coach know if something is not right.
* Report any incidents of bullying, including homophobia and transphobia to an instructor even if you are just a witness.
* Respect your instructor/coach/students and those that may visit from other clubs.
* Students must pay attention when Sensei or Sempai is demonstrating techniques.
* Be a good sport, win or lose, always be gracious.
* Bow to your partner before and after practice.
* Respect and appreciate that all students have different levels of skill and talent.
* Make our club a welcoming and friendly place to be.
* Support and encourage your team mates.
* Play by the rules and have fun.
* Ensure you mobile phone is either turned off or put on silence once you enter the Dojo

As a student at Lea Valley Karate Academy we understand you have the right to:

* Enjoy the time you spend with us and know you are safe
* Feel welcomed and valued and not judged on your gender, race, sexuality or ability
* Be listened to
* Be informed who you can talk to if something is not right
* Be involved and contribute towards decisions within the club
* Be respected and treated fairly by all.
* Be encouraged and develop skills with our help from our instructors/coaches/students
* Be looked after in the event of an accident or injury and have our parents/carer informed if needed

We expect our students to follow the code of conduct. If a student behaves in a way, which contradicts any of the points set out above, we will address the problem straight away with parents/carers involvement and aim to resolve the issue.